



Project - Green with Envy Table Runner

By Melissa Marginet from www.melissamarginet.ca



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Walking Foot Quilting

Not everyone enjoys free motion quilting and not everyone can afford to send their quilts out to be quilted. Or maybe we just don't want to because we feel a need to complete the work ourselves.

I quilt all my quilts on my domestic sewing machine with a walking foot. I like the even stitches I get with my walking foot and the patterns are endless. Most of my designs are created with lines that begin at one edge and end at another edge. Unless you break your thread or your bobbin runs out along the way, you will not have any threads to bury. Here is a table runner pattern to get you started with your walking foot.

Green with Envy Table Runner

Finished size 17" x 40"

Supplies

* 1 Kona Cotton Pleasant Pastures Palette Charm Square pack (42 charms)

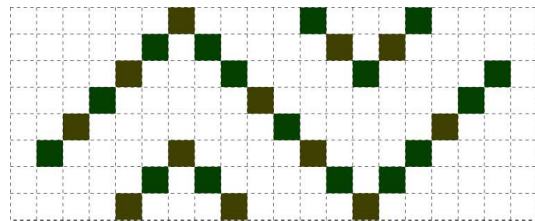
* ¼ yard for binding - Bethan Janine Sweet Escape (Floral) by Dashwood Studio

* 20" x 45" low loft batting

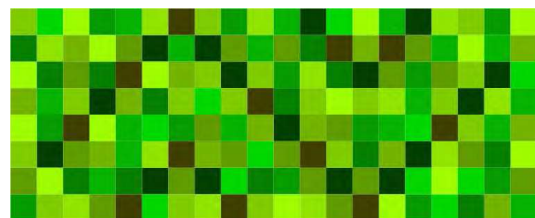
* 20" x 45" fabric for backing (You can piece a backing or use a solid fabric so the stitching shows well to make the table runner two sided.)
Fuchsia pink thread for quilting

1. Cut all charms into four 2½" squares.
2. Arrange the two darkest fabrics as per the diagram. There are 7 charms of dark fabric.

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3. Arrange the remaining 2½" squares randomly around the design. You will have a few leftover pieces.



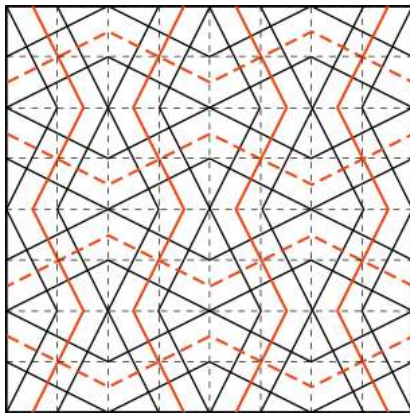
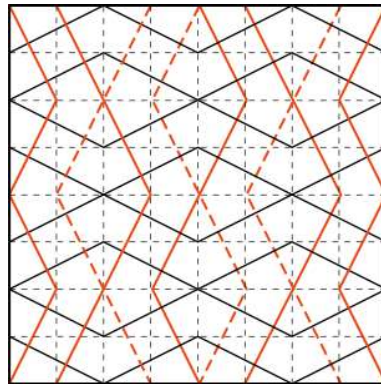
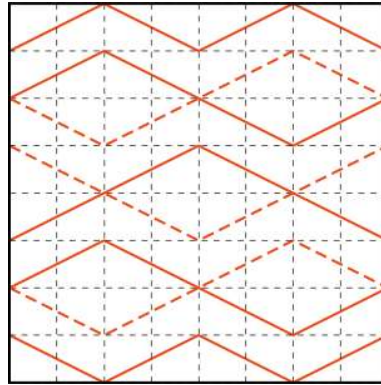
4. Stitch the pieces into rows. Press seams in alternating directions from one row to the next then sew the rows to one another locking your seams together to get nice intersections.

- Layer your backing, batting, and pieced top. Baste it using your preferred method and you are now ready to quilt.
- Following the orange lines in the three diagrams, and using your Walking Foot, quilt the table runner.

There is no need to mark your project as you will be using the patchwork intersections and seams as your guide as to where to go next.

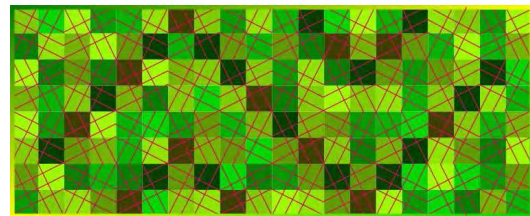
When you come to a change in direction, stop with your needle in the down position, lift your presser foot and turn your project aiming in the direction of the next stopping point.

Some machines have a presser foot that automatically lift when you stop. My Juki TL2010Q does not have this feature so I use my knee lift. The knee lift allows me to keep my hands on my work at all times.



- Trim away the excess backing and batting. Cut 3 strips from your binding fabric. I cut mine at 2¼" by width of fabric.

There are many good binding tutorials online so I am not including directions here. Sew your binding to the front of your table runner and hand stitch it to the back.



About the Author: Melissa Marginet sewed and had made a couple of quilts prior to 2001, but it was a Log Cabin class that she took that year to 'get rid of' some fabric she had laying around that began her passion for quilting.

Melissa leads a quilt group in her small town of Beausejour, Manitoba, Canada and is involved with the Provincial quilt guild, Manitoba Prairie Quilters, as well as Quilt Canada.

She designs, pieces, and quilts all her own quilts and encourages others to do the same by teaching a variety of classes. She has several quilt patterns and she has recently published the book Walking Foot Quilting Designs which are available in her [Etsy](#) shop.

Find out more at www.melissamarginet.ca